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Regulation of leptin gene expression by insulin and growth hormone in mouse adipocytes

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Abbreviations: DEPC, diethyl pyrocarbonate; BW, body weight; SDS, sodium dodecyl sulfate; ECL, enhanced chemiluminescence; IgG, immunoglobulin G; ELISA, enzyme-linked immunosorbent assay; s.c, subcutaneous

Abstract

The role of leptin in the control of obesity, insulin resistance and type II diabetes has been reported, however, the regulatory mechanism of leptin in animals affected by hormones is not clearly understood. In this study, the effects of insulin, epinephrine, growth hormone or dexamethasone on the expression of leptin was examined in mouse primary adipocytes. The leptin expression was also studied in the adipose tissue of the mouse treated with insulin or growth hormone (0.3 or 0.6 units/animal). Insulin (100 nM) or dexamethasone (100 nM) stimulated leptin mRNA transcription while epinephrine (100 nM) alleviated its transcription in mouse primary adipocytes. The level of leptin protein in cultured media of adipocytes treated with insulin or dexamethasone was higher than that of the control group but growth hormone or epinephrine treatment had no effect on them. Insulin administration (0.6 units/mouse) enhanced leptin mRNA as well as leptin protein in mouse adipose tissue but growth hormone administration (0.3 or 0.6 units/mouse) had no effect on them. Leptin protein level in sera of mice injected with insulin or growth hormone was not significantly different from that of control group. These results indicate that both insulin and dexamethasone stimulate leptin gene expression and secretion of its product, whereas, growth hormone has no effect on the expression of leptin gene in mouse adipocytes.

Keywords: Leptin, Insulin, Growth hormone, Expression

Introduction

Leptin, a cytokine secreted mainly from adipocytes is *ob* gene product of which primary function is thought to regulate energy balance (Zhang *et al.,* 1994). It is well known that leptin has physiological effects such as the reduction of food intake (Pelleymounter *et al*., 1995) and increase of metabolic rate by signal transduction between brain and adipose tissue (Campfield *et al.,* 1995). Recently, the potential role of leptin in cell proliferation and angiogenesis has also been suggested (Park *et al.,* 2001). The discovery of anti-obesity action of leptin contributed to the understanding of clinical-pathology related to the change of body weight and body composition. It has been documented that obesity is associated with insulin resistance and non-insulin dependent dialetes mellitus (Saladin *et al.,* 1995). But the role of leptin in the control of insulin resistance and diabetes melitus is unknown.

The stimulatory effect of insulin, cAMP and glucocorticoid on the gene expression and secretion of leptin has also been reported (Slieker *et al.,* 1996). On the other hand, leptin inhibited insulin secretion either by the activation of K_{ATP} chanel (Felber *et al.,* 1993) or by the feedback inhibition of insulin gene expression (Docherty *et al.,* 1991), suggesting that insulin and steroid hormones are involved in the regulation of leptin status in animals.

Reduced secretion and insensitivity of growth hormone are seen in obese patients (Rodbell, 1964; Bercu *et al.,* 1998), and the secretion of growth hormone is influenced by metabolic regulators such as glucose, free fatty acids, amino acids, steroid hormones and thyroid hormones (Stewart *et al.,* 1989; Lanzi *et al.,* 1997; Alba-Roth *et al.,* 1998). But, the functional relationship between leptin and growth hormone has not yet been determined.

These results implicate that leptin involves in signal transduction system related to body fat accumulation and various hormones related to body fat composition might influence its function. The metabolic state of animal affected by hormones and various metabolic mediators is closely linked to obesity and expression of *ob* gene. In this study, obesity of animals under the influence of hormones regulating the metabolic state of animal was evaluated *in vitro* by measuring the expression of leptin in the adipocytes of mouse treated with insulin, epinephrine, growth hormone or dexamethasone. In addi-

tion, effects of insulin and growth hormone on the leptin gene expression in mouse adipose tissue were investigated.

Materials and Methods

Animals and Cells

Fifteen male ICR mice (~50 g BW) were fed with commercial rat chow *ad libitum* and tap water was supplied to consume freely. Animals were divided into five groups (3 mice per group) and 0.3 or 0.6 units of insulin or growth hormone (dissolved in 0.5 ml of physiological saline) per mouse were injected s.c. Control group received the same amount of physiological saline solution. Blood was drawn from each mouse at 24 h after the injection of hormone and serum was separated from blood by centrifugation at 1,000 *g* for 15 min at room temperature and saved for the analysis. All mice were sacrificed after drawing blood. Adipose tissue in epididymal fat was removed and washed twice with saline solution and saved for the analysis of leptin expression.

For the preparation of mouse adipocytes, adipose tissue was sliced into 3 mm thickness, added with 5 ml of bicarbonate buffer (25 mM $NaHCO_3$, 12 mM KH_2PO_4, 1.2 mM $MgSO_4$, 4.8 mM KCl, 120 mM NaCl, 1.4 mM $CaCl_2$, 5 mM glucose, 2.5% BSA, 50 units penicilline, 10 ng streptomycin, pH 7.4) containing 10 mg of bacterial collagenase and digested for 1 h at 37°C with a mild rocking. Adipocytes released from the tissue were harvested by centrifugation (400 *g*, 15 min). Cells in upper phase in centrifuge tube were collected, washed three times with the fresh bicarbonate buffer and resuspended in Dulbecco's modified Eagles medium (DMEM) containing 10% fetal calf serum. For the treatment of hormones adipocytes were divided into five groups; insulin, epinephrine, growth hormone, dexamethasone and control groups. Cells in culture plate (7.5×10^5 cells/ml) for each group were treated by addition of 100 nmol of each corresponding hormone to DMEM (4 ml/well) and incubated for the experimental period indicated. Cells and media in each plate were harvested at 0, 6, 12 and 24 h after the hormone treatment and saved for the analysis of leptin. Preparation and culture of adipocytes were performed in aseptic conditions described by Rodbell (1964).

Quantitative RT-PCR

Total RNA in mouse adipose tissue was isolated using Tri agent (Amersham Life Science Ltd., Buckinghamshire, England). The detailed methods are described in the manual supplied by the company. Reverse transcription of leptin mRNA was carried out by incubating a mixture (final 20 μl) containing 1 μg of total RNA dissolved in 8 μl of DEPC-treated water with 2 μl of $5\times$ reaction buffer (250 mM Tris-Cl, pH 8.3, 25 mM KCl, 50 mM DTT, 50 mM $MgCl_2$) at 65°C for 10 min, followed by incubation for 1 h at 37°C after addition of 1 μl of antisense primer for leptin cDNA (100 pmol), 1 μl of dNTP (10 mM), 1 μl of RNase inhibitor (20 units), and 1 μl of reverse transcriptase (10 units). After the incubation, the reaction mixture was taken into boiling water bath and incubated for 5 min to inactivate the enzyme. Quantitative PCR was performed by the method of Saiki *et al.* (1988) using sense and antisense primers corresponding to leptin cDNA sequence together with leptin cDNA as template.

Northern blot hybridization

Total RNAs isolated from adipocytes or adipose tissue of mice administered with various hormones were subjected to formaldehyde agarose gel electrophoresis according to the previously described method (Kim *et al.,* 2000) and RNAs separated on the gel were electrophoretically transfered onto nitrocellulose membrane. Leptin mRNA was hybridized with ^{32}P-labeled leptin cDNA and detected by autoradiography.

Western blot immunodetection

Proteins from adipocytes and adipose tissue of mice treated with various hormones were extracted by differential centrifugation after homogenizing cells or tissue with tissue homogenizer, and soluble fractions were subjected to SDS-polyacrylamide gel electrophoresis according to the method of Laemmli (1970) and proteins separated on the gel were electrophoretically transfered onto nitrocellulose membrane. Leptin protein was identified by ECL-associated immunochemical analysis using anti-leptin rabbit antibody as a primary antibody (1:2,000 dilution) and horse radish peroxidase-conjugated anti-rabbit IgG antibody as a secondary antibody (1:1,000 dilution). The content of leptin in sera of mice was measured by two-site ELISA according to the method of Johnston and Thorpe (1987). The antibodies used in ELISA were same as that used in Western blot immunodetection analysis. Total protein content was measured by Bradford method (1976).

Results

Effect of hormones on the transcription of leptin mRNA in mouse adipocytes

Adipocytes treated with insulin (100 nM) caused an increase of the leptin mRNA expression level, whereas the epinephrine (100 nM) affected the cells by lowering leptin expression. Both growth hormone and dexamethasone also induced an elevation of leptin mRNA level in mouse adipocytes as shown in RT-PCR analysis (Figure 1).

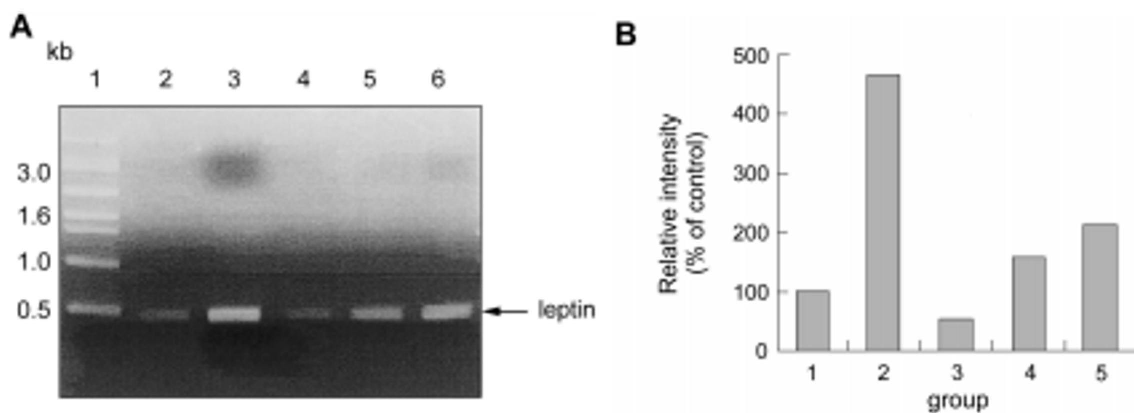

Figure 1. Effect of insulin, epinephrine, growth hormone and dexamethasone on the expression of leptin mRNA in mouse adipocytes. Mouse adipocytes were treated with each respective hormones (100 nM) and cultured for 24 h. Cells were harvested and total RNAs were prepared and used as templates for the detection of leptin mRNA by RT-PCR (A). Lane 1, DNA molecular size marker; lane 2, control; lane 3, insulin treated; lane 4, epinephrine treated; lane 5, growth hormone treated; lane 6, dexamethasone treated. Relative intensity of the amplified cDNA bands of leptin (B) was calculated from densitogram of the cDNA bands appreared in A panel and expressed as % of the control. Group 1, control; group 2, insulin treated; group 3, epinephrine treated; group 4, growth hormone trearted; group 5, dexamethasone treated.

Leptin protein level in the culture media of mouse adipocytes treated with various hormones

Treatments with insulin (100 nM) or dexamethasone (100 nM) of mouse primary adipocytes increased leptin protein level in the culturerd media of mouse adipocytes, indicating that both insulin and dexamethasone stimulated the expression of leptin gene and secretion of its product in adipocytes. However, treatments with neither growth hormone (100 nM) nor epinephrine (100 nM) caused any significant change in leptin protein level in the cultured media of adipocytes as compared to that of the control group, indicating that both growth hormone and epinephrine had no effect on the expression of leptin gene and secretion of its product in adipocytes (Figure 2). Leptin protein level in adipocytes gradually increased for the first 12 h after the insulin treatment, then it decreased at 24 h after the hormone treatment, indicating that the effect of insulin added to the culture media of adipocytes may not persist longer than 12 h.

Effect of hormones on leptin protein level in mouse adipocytes

Mouse primary adipocytes treated with insulin (100 nM) increased cellular leptin protein level, but the treatment with epinephrine rather decreased it. Administration of growth hormone or dexamethasone caused a slight increase in the leptin protein level in adipocytes without any significance (Figure 3). Leptin protein level in mouse

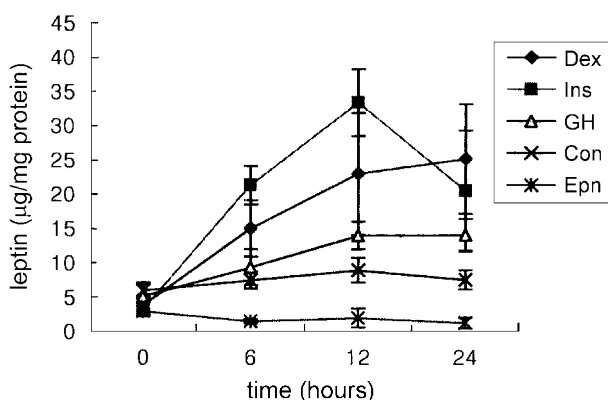

Figure 2. Expression and secretion of leptin from mouse adipocytes treated with 100 nM of each insulin (Ins), epinephrine (Epn), growth hormone (GH) and dexamethasone (Dex). Control (Con) cells were treated with saline and cultured for 24 h. A fraction of the culture media (1 ml) were taken at 0, 6, 12, 24 h after the hormone treatment and leptin protein secreted into media of each time point was measured by ELISA method. Leptin content was calculated from standard curve constructed from purified recombinant leptin.

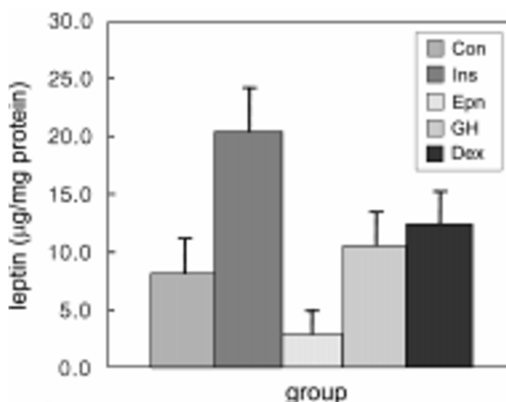

Figure 3. Detection of leptin protein in cultured mouse adipocytes treated with 100 nM of insulin (Ins), epinephrine (Epn), growth hormone (GH) and dexamethasone (Dex) and cultured for 24 h. Control cells (Con) received no hormone. Leptin protein in cell extract was subjected to ELISA. The amount of leptin was calculated from standard curve constructed by reference leptin protein (recombinant leptin). Bars indicate S.D.

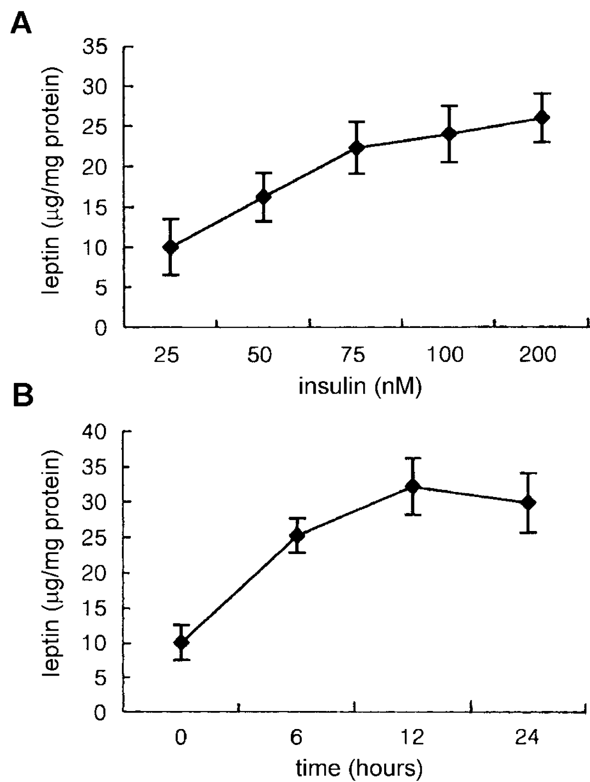

Figure 4. Effect of insulin on the leptin expression in cultured mouse adipocytes. Mouse adipocytes were treated with various amounts of insulin (25, 50, 75 100, 200 nM) and cultured for 24 h (A). Adipocytes treated with insulin (100 nM) were cultured for 24 h and harvested at various time points indicated (B). Leptin in the cell extracts was measured by ELISA method.

adipocytes increased by insulin treatment in a dose-dependent manner up to 75 nM of insulin in the media but its further increment had no additional effect on leptin protein level in adipocytes (Figure 4A). Treatment of insulin (100 nM) to mouse adipocytes gradually increased leptin protein level in the cells for the first 12 h of culture, whereas it decreased slightly at 24 h of culture (Figure 4B).

Effect of insulin and growth hormone on the expression of leptin in mouse adipose tissue

The level of leptin mRNA in adipose tissue was increased by insulin (0.6 units/mouse) administration but the administration of growth hormone (0.3 or 6 units/mouse) had no effect on mRNA transcription of leptin gene with (Figure 5). Western blot immuodetection for leptin protein expressed in adipose tissue of mice administered with insulin or growth hormone revealed that insulin increased leptin protein level in adipose tissue but growth hormone had no significant effect on it (Figure 6). Insulin administration to mice showed no change in leptin protein level in sera of mice but growth hormone administration rather decreased it with no

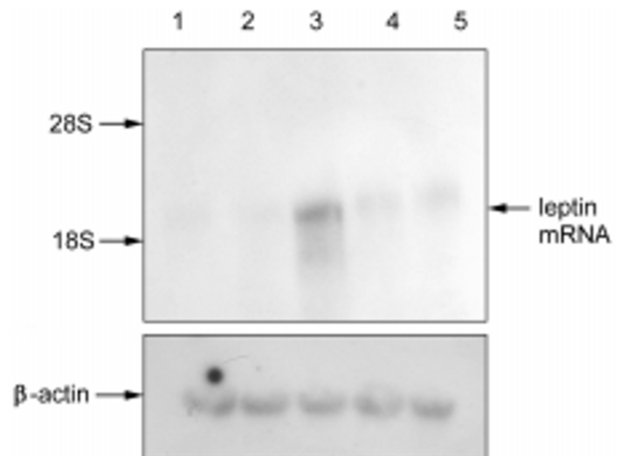

Figure 5. Effect of insulin and growth hormone on the expression of leptin mRNA in mouse adipose tissue. Mice were administered s. c. with insulin (0.3 or 0.6 units per mouse) or growth hormone (0.3 or 0.6 units per mouse) and sacrificed after 24 h. Total RNA was prepared from adipose tissue (epididymal fat) and was subjected to Northern blot hybridization using a ^{32}P-labelled leptin cDNA probe. Lane 1, control (mice injected with saline); lane 2, mice injected with insulin (0.3 units); lane 3, mice injected with insulin (0.6 units); lane 4. mice injected with growth hormone (0.3 units); lane 5, mice injected with growth hormone (0.6 units).

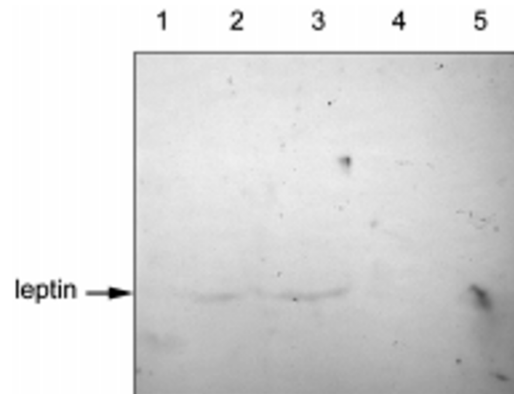

Figure 6. Western blot immunodetection of leptin protein in adipose tissue of mice administered with insulin or growth hormone. Lane 1, control mice injected with saline; lane 2, mice injected with insulin (0.3 units per mouse); lane 3, mice injected with insulin (0.6 units per mouse); lane 4, mice injected with growth hormone (0.3 units per mouse); lane 5, mice injected with growth hormone (0.6 units per mouse).

statistical significance (Table 1).

Discussion

Leptin is synthesized in adipocytes and secreted into ciculateing blood to be transported to leptin receptors present at hypothalamus where it regulates food intake, thermogenesis and energy metabolism in adipose tissue (Bai *et al.,* 1996). But the presence of leptin receptors in

Table 1. Serum leptin level of mice administered with insulin or growth hormone

Group	leptin (ng/ml)			means
Control	10.8	12.4	9.9	11.0±1.3
Insulin (0.3U)	10.2	13.1	16.3	13.2±3.0
Insulin (0.6U)	13.0	14.6	11.5	13.0±1.6
Growth hormone (0.3U)	8.9	9.7	9.6	9.3±0.6
Growth hormone (0.6U)	9.2	10.3	9.4	9.6±0.7

Leptin contents in sera were determined by ELISA assay. Each hormone was administered s.c. into mouse once a day for 3 days and serum sample was taken at 12 h after the last administration. No significant differences between groups are observed.

various peripheral tissues has been reported (Lee *et al.,* 1996).

The increased leptin level in the media of adipocytes treated with insulin or dexamethasone in the present study reflects a consequence of an increased expression of leptin gene by these hormones in adipocytes. This result is consistent with the previously reported results by other investigators (Muller *et al.,* 1997; Fain *et al.* 1998). From these results, it is assumed that insulin and dexamethasone of which functions are stimulation of lipolysis and glycogen synthesis in animals might exert their actions through a leptin-mediated event, and that the role of leptin can be potentiated by these hormones.

The stimulatory effect of insulin on the expression of leptin gene in adipocytes was paralleled up to 75 nM of insulin but no further increase in leptin protein level was observed over 100 nM insulin level in cells, indicating that 100 nM of insulin was sufficient to attain the insulin effect on the expression of leptin gene in adipocytes without any adverse effects. Adipocytes treated with 200 nM of insulin maintained the stimulating effect on leptin gene expression without reduction of cellular viability in this study (data not shown).

Insulin level (100 nM) used in this study was much higher than the level (3 nM) employed by Leroy *et al.* (1996), which was too low to attain a significant effect on leptin mRNA transcription in the present study. But the effect of low level (3 nM) of insulin on leptin gene expression can not be ignored since the application of more sensitive probe for the detection of leptin will make it possible to differentiate the small amount of leptin in cells.

Mouse primary adipocytes prepared in the present study were viable for 28 h of experimental period and well accomodated themselves to the treatment of insulin, epinephrine, growth hormone and dexamethasone (100 nM each), which is the amount used by previous studies (Muller *et al.,* 1997; Yasuda *et al.,* 1997). Since the stimmulatory effect of insulin on leptin protein in adipocytes continued during the first 24 h and decreased slightly thereafter, the measurement of leptin in adipocytes and in the culture media was performed at 24 h after the treatment of various hormones.

It has been reported that leptin alleviated insulin effect in rat adipocytes (Muller *et al.,* 1997), implicating that leptin is not only involved in glucose transfer and protein synthesis but also in feed back regulation of fat synthesis. Therefore, it is reasonable to assume that *ob* gene expression in adipocytes may be regulated in response to insulin concentration in cells and that leptin may alleviate the hyperglycemia in diabetes melitus with high insulin resistance (Seufert *et al.,* 1999).

In the present study, administration of insulin to mice increased leptin mRNA transcription in adipose tissue, while growth hormone caused a marginal increase. Consequently, the stimulatory effect of insulin on leptin mRNA transcription was obvious *in vivo* as well as in cell culture system, however growth hormone had little effect on leptin mRNA transcription in mouse adipose tissue.

Growth hormone level in animal tissues is influenced by insulin and obesity, but the regulatory mechanism of body fat decomposition by growth hormone is uncertain (Lanchi *et al.,* 1997; Bercu *et al.,* 1998). Since growth hormone showed little effect on the leptin status in adipocytes in the present study, it is assumed that the decreased endogenous growth hormone secretion in obese tissues observed by previous investigators (Bercu *et al.,* 1998) is thought to be operated in some other mechanisms.

Insulin injection, three times a day for 3 days (0.6 units/mouse), increased leptin mRNA transcription in mouse adipose tissue, but growth hormone injection(0.6 units/mouse) could increase its transcription slightly. Similiar responses to these hormones in cultured adipocytes were also observed in this study. This result confirms the previous report that the expression of leptin mRNA in adipocytes increased transiently 4 h post-injection of insulin to fasted rat and its induction might be influenced by various hormones and factors related to the metabolism of sugars and lipids prior to or after the diet consumption (Saladin *et al.,* 1995).

The facts that insulin administration increased leptin protein level in mouse adipose tissue in the present study support the idea of McDowgald *et al.* (1995) who insisted that insulin plays as a positive regulator for leptin biosynthesis.

Injection of insulin or growth hormone to mice showed no change in leptin level in sera of mice (Table 1), indicating that these hormones may not stimulate leptin secretion *in vivo* during the experimental period and that there might be some different mechanism for the regulaton of blood leptin level.

From these study, it is possible to conclude that insulin or dexamethasone stimulates leptin biosynthesis, which regulates the reduction of food intake and that growth hormone may not stimulate leptin biosynthesis in

mouse adipocytes.

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