LETTER TO THE EDITOR



Response to Calgani et al.

To the Editor: We appreciate the commentary by Dr Calcagni and colleagues1 regarding our article entitled "Genotype and Phenotype in Patients With Noonan Syndrome and a RIT1 Mutation."2 The authors share their own experience with particular respect to the cardiovascular phenotype in nine patients with RIT1 mutation. RIT1 mutations accounted for 6% of cases in their patient cohort, thus confirming that RIT1 is one of the four most common genes associated with Noonan syndrome. The authors also confirmed a high rate of cardiac and lymphatic involvement in their patients. Two additional series of patients with RIT1 mutations comprising 14 and 44 affected individuals, respectively, have also been reported.^{3,4} Including these recently published studies, 94% of a total of more than 120 reported RIT1 mutation-positive individuals had cardiac abnormalities, with pulmonary stenosis (64%), hypertrophic cardiomyopathy (45%), and septal defects (39%) being the most frequent.

Notably, Dr Calcagni and colleagues observed one affected infant with severe obstructive hypertrophic cardiomyopathy necessitating heart transplantation. Despite the high overall frequency of hypertrophic cardiomyopathy in *RIT1*-associated Noonan syndrome, such a severe disease expression with a lifethreatening or fatal course in infancy still seems to be quite unusual compared to patients with *RAF1* mutations. Another patient had a partial atrioventricular canal defect, a type of heart defect that has not been reported previously in *RIT1*-associated

Noonan syndrome but is known to belong to the spectrum of less common cardiac anomalies in RASopathies. Three patients in their small cohort had postnatal chylothorax or lymphedema, providing additional evidence that *RIT1* mutations confer a particular risk to lymphatic complications. This communication further underlines the importance of a thorough cardiologic follow-up and awareness of lymphatic anomalies in patients with Noonan syndrome in general and in those with *RIT1* mutations specifically.

DISCLOSURE

The authors declare no conflict of interest.

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