growing scientific consensus that we live in a new geological epoch, the Anthropocene. Kolbert drills into the mechanisms through which climate change, ocean acidity, ecological fragmentation and the movement of alien species are catastrophically acting on many populations. Those alien invasions are leading to what has been called a new Pangaea: just like on that supercontinent 300 million years ago, biodiversity is mixing — but this time it is causing a reduction in species.

Kolbert's romp through these themes is necessarily selective, and some may take issue with aspects of her concise narrative. For example, Darwin did dismiss the sudden loss of species across boundaries between geological epochs as vast periods lost in an incomplete fossil record. But it seems somewhat disingenuous to implicate him in something that happened a century later: the resistance to the meteor-impact idea by George Gaylord Simpson and other palaeontologists of the hard-nosed uniformitarian tradition. Had Darwin been there, he would, I think, have based his response on evidence rather than dogma. As Kolbert herself summarizes, mass-extinction events occur on a grander scale than the inexorable chipping away of Darwin's 10,000 sharp wedges of nature. The Alvarezes pointed to a clear mechanism by which well-adapted organisms were swept aside and the pattern of life-forms upon which natural selection could act reset.

The Sixth Extinction lucidly introduces the context and process underlying the current doom-laden prognosis for life on Earth. In the penultimate chapter, Kolbert writes of the search for the bits of genetic code that endow humans with our unique restlessness, use of symbols, creativity and ability to work socially. We may be a "weedy species" but we have hugely changed our surroundings since we first appeared. The book's subtitle, An Unnatural History, holds only as long as we see ourselves outside of nature. The reality is that our future is not decoupled from that of the biosphere. The breaching of planetary boundaries — the potential tipping points in Earth systems such as climate — will have non-linear, unpredictable consequences for all species, including our own.

The five mass extinctions demonstrate that past success is no guarantee of survival: a catalogue of dominant species failed to bridge each of these "moments of panic". Kolbert touches on, but stops short of probing, what we can do to make a difference for the future of all life on Earth. The possibilities for ecological adaptation and mitigation leave significant scope for a sequel. ■

Bob Bloomfield *is an independent specialist in public engagement with and understanding of science and the environment, based in London. e-mail: bob_bloomfield@bobania.f9.co.uk*

Books in brief



The Son Also Rises: Surnames and the History of Social Mobility

Gregory Clark PRINCETON UNIVERSITY PRESS (2014)

Bloody revolutions, policy upheavals and a deluge of social-science theories have been sparked by social inequality. So how porous is the class divide? Not very, reveals economic historian Gregory Clark in this audacious study based on tracking family names through history. Examining names in areas as far-flung in time and space as today's Sweden, Qing Dynasty China and medieval England, Clark shows how little social mobility has altered in 800 years. The solution to the status lottery, he argues, is for society to rectify the imbalance in rewards given to rich and poor.



Plague and Cholera

Patrick Deville (Translated by J. A. Underwood) LITTLE, BROWN (2014) In 1894 Alexandre Yersin, a protégé of Louis Pasteur, discovered the bacillus behind a disease that had ravaged Europe for centuries: bubonic plague. It was dubbed *Yersinia pestis* in his honour. Patrick Deville's novel — a French best-seller now translated into English by J. A. Underwood — eloquently chronicles Yersin's eventful life. Starting with the scientist's flight out of Paris during the Second World War, the story swerves back in time to chronicle his explorations of Vietnam, the Philippines and "the new frontier of microbiology" in the tumult of the twentieth century.

The Depths: The Evolutionary Origins of the Depression Epidemic



Jonathan Rottenberg BASIC BOOKS (2014) Depression, avers psychologist Jonathan Rottenberg, is an evolved trait: a way of stopping us in our tracks so that we can perceive the hurdles facing us. But in today's relatively safe environment, he argues, this useful adjunct of self-analysis can ramp up in severity — and strictly biological approaches and talking cures are not universally effective. Rottenberg brings clinical findings, experimental research, anecdotal evidence and personal experience of depression to his study of triggers, exacerbating factors, psychobiology and evidence for routes to recovery.



Warriors and Worriers: The Survival of the Sexes

Joyce F. Benenson with Henry Markovits OXFORD UNIVERSITY PRESS (2014)

In this provocative treatise, psychologist Joyce Benenson overturns the prevalent social-science theory that women are the more sociable sex and men more competitive. Benenson posits that the sexes exhibit the strongest differences in behaviours that support their long-term survival. The tendency among girls to discuss others is linked to the evolutionary need to sift out people who will help with childcare, she argues, but women often compete over men. Men, by contrast, cooperate in competing against other groups.



Heimlich's Maneuvers: My Seventy Years of Lifesaving Innovation Henry J. Heimlich PROMETHEUS BOOKS (2014)

Forty years ago, a thoracic surgeon first described a technique to halt choking by administering abdominal thrusts. Henry Heimlich's manoeuvre is now a globally recognized first-aid intervention. In this matter-of-fact memoir, Heimlich lays out a life spent crafting pragmatic health-care innovations. Along with inventions such as a 'flutter valve' to drain chest fluids, he touches on more controversial potential treatments, such as fighting HIV by inducing infection with malaria. Barbara Kiser